

## October Menu 2019

*Menu is subject to change. All snacks served with milk.*

<b>Date</b>	<b>AM Snack</b>	<b>LUNCH MENU</b>	<b>PM Snack</b>
1			Strawberries & yogurt
2			Banana and PB
3			Tortilla with PB and jelly
4			Peaches & granola bar
7			Apple & PB
8			Grapes & cheese stick
9			Pears & Yogurt
10	English muffin & jelly		Tortilla chips & salsa
11	Cereal & milk		Mandarin oranges & granola bar
14	Bagel & cream cheese		Banana & PB
15			Strawberries
16			Pretzels & cheese
17			Apple & PB
18			Tortilla with PB and jelly
21			Grapes & yogurt
22			Peaches & granola bar
23			Banana & PB
24			Tortilla chips & salsa
25			Fruit cup & granola bar
28			Mandarin oranges & cheese stick
29			Pretzels & cheese
30			Strawberries & yogurt
31			Tortilla with PB and jelly