

June Menu 2019

Menus are subject to change.

Lunch is no longer provided. \$2.50 will be charged for a GROW provided meal.

Date	Breakfast 8:30	Lunch 11:15-12:00	PM Snack 3:00
3	Cereal and ½ banana	<i>Milk, water, utensils, & napkins provided.</i>	Strawberries & yogurt
4	English muffin and jelly		Watermelon
5	Bagel and cream cheese		Grapes and cheese
6	Granola & vanilla yogurt		Tortilla chips and salsa
7	Cereal and milk		Mixed fruit
10	Mandarin oranges		Fruit cups & granola bar
11	Nutrigrain bar & pears		Tortilla, peanut butter, and jelly
12	Peaches and yogurt		Oranges & cheese stick
13	Bagel and cream cheese		Banana & peanut butter
14	English muffin and jelly		Grapes & cheese
17	Cereal and milk		Strawberries & yogurt
18	Nutrigrain bar & ½ banana		Oranges
19	Granola & vanilla yogurt		Applesauce & granola bar
20	Pears and granola bar		Pretzels and cheese
21	Cereal and milk		Strawberries and yogurt
24-28	NO GROW – TRINITY LUTHERAN VBS		

July Menu 2019

Menus are subject to change.

Lunch is no longer provided. \$2.50 will be charged for a GROW provided meal.

Date	Breakfast 8:30	LUNCH 11:15-12:00	PM Snack 3:00
1	Cereal and milk		Oranges & cheese stick
2	Bagel and cream cheese		Tortilla chips and salsa
3	Granola & vanilla yogurt		Strawberries & vanilla yogurt
4	NO GROW – 4th of JULY!		
5	Mandarin oranges		Fruit cups & granola bar
8	Pears & granola bar		Grapes & cheese
9	English muffin and jelly		Watermelon
10	Cereal and ½ banana		Banana & peanut butter
11	Granola & vanilla yogurt		Pretzels & cheese
12	Bagel and cream cheese		Oranges
15	Peaches and nutrigrain bar		Pears & yogurt
16	Cereal & milk		Tortilla, peanut butter, and jelly
17	English muffin and jelly		Watermelon
18	Mandarin oranges		Banana & peanut butter
19	Cereal and fruit		Tortilla chips & salsa
22	English muffin and jelly		Berries and yogurt
23	Peaches and nutrigrain bar		Fruit cups & granola bar
24	Bagel and cream cheese		Grapes and cheese stick
25	Pears and yogurt		Tortilla, peanut butter, and jelly
26	Nutrigrain bar and ½ banana		Mixed fruit
29	Cereal and milk		Fruit cups & granola bar
30	Mandarin oranges		Pretzels & cheese
31	English muffin & jelly		Oranges & cheese stick

August Menu 2019

Menus are subject to change.

Lunch is no longer provided. \$2.50 will be charged for a GROW provided meal.

Date	Breakfast	LUNCH	PM Snack
1	Granola & vanilla yogurt		Strawberries & yogurt
2	Mandarin oranges		grapes & cheese
5	Pears and granola bar		Tortilla chips & salsa
6	Cereal & milk		Watermelon
7	½ banana & Nutrigrain bar		Berries and vanilla yogurt
8	Bagel and cream cheese		Tortilla, peanut butter, & jelly
9	Peaches & yogurt		Mixed fruit
12	English muffin & jelly		Pretzels & cheese
13	Cereal & milk		Fruit cups & granola bar
14	NO GROW		
15			
16			Apples & peanut butter
19			Peaches & yogurt
20			Oranges & cheese stick
21			Grapes and cheese stick
22			Strawberries
23			Tortilla chips and salsa
26			Pears and yogurt
27			Watermelon
28			Mandarin oranges
29			Tortilla, peanut butter, and jelly
30			Fruit cups & granola bars