

August Snack & Lunch Menu 2017

(Milk is provided with all lunches) Lunches picked up at 11:00 and served at 11:20 A.M. daily.

Date	Breakfast	LUNCH MENU	PM Snack
1	Cereal, grapes, and milk	Sweet & sour chicken, brown rice, green beans	Oranges
2	English muffins, apple, and milk	Turkey & cheese sandwich, spinach salad, fresh fruit salad	Raspberries & yogurt
3	Granola bars, pears, and milk	Sack lunch – roast beef & cheese sub, carrot & celery sticks, baked chips, navel orange wedges	Cottage cheese & pineapple
4	Bagel, cream cheese, pineapple and milk	Chicken tenders, baked sweet potato fries, steamed broccoli, wheat bread	Cheese & crackers
7	Peaches, yogurt, and milk	Chicken noodle soup, whole wheat crackers, mixed veggies, pears	Blueberries & yogurt
8	English muffins, strawberries, and milk	Macaroni and cheese, steamed broccoli, banana	Mixed fruit
9	Toast, mandarin oranges, and milk	Chicken salad, lettuce, tomatoes, pita pocket, melon cubes	Cheese & fruit cups
10	Nutrigrain bar, pears, and milk	Oriental beef stir fry, brown rice, cinnamon applesauce	Apples & PB
11	Cereal, banana, and milk	Pot roast, mashed potatoes, green peas, wheat bread	Watermelon
14	GROW CLOSED		
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16	Mandarin oranges, granola bar, and milk	T.B.A.	Tortilla, PB, and jelly
17	English muffins, apple, and milk	T.B.A.	Mixed berries and yogurt
18			Grapes and cheese
21			Bananas and PB
22			Strawberries and yogurt
23			Mixed fruit
24			Apples and PB
25			Fruit cups and granola bars
28			Pineapple and cottage cheese
29			Cheese stick and crackers
30			Smoothie and grapes
31			Mandarin oranges and crackers

