

October Snack & Lunch Menu 2017

Date	AM Snack	LUNCH MENU	PM Snack
2			Peaches and milk
3			Melon, crackers, and milk
4			Strawberries, yogurt, and milk
5			Pineapple, cottage cheese, and milk
6		Pot roast, mashed potatoes, green peas, wheat bread	Mixed fruit and milk
9		Chicken enchilada casserole, refried beans, applesauce	Tortilla chips, salsa, and milk
10			Grapes, cheese, and milk
11			Orange slices, yogurt, and milk
12			Apples, peanut butter, and milk
13			Fruit cups, granola bar, and milk
16			Pears, yogurt, and milk
17			Strawberries, yogurt, and milk
18			Bananas, peanut butter, and milk
19		Sloppy Joe, whole wheat bun, garden salad, ranch dressing, and peaches	Cheese and crackers
20		Tuna salad, whole wheat crackers, mixed vegetables, and pears	Mixed fruit and milk
23			Oranges, granola bars, and milk
24			Apples, peanut butter, and milk
25			Peaches and milk
26			Grapes, cheese stick, and milk
27			Mixed fruit and milk
30			Fruit cups, granola bar, and milk
31			Pineapple and milk